

Minor in Coaching

Rationale: The purpose of the Minor in Coaching is to provide students the education and experience needed to obtain an entry-level coaching position. In addition, courses selected provide the knowledge needed for students to complete the American Sport Education Program (ASEP) national coaching certification exam. There are several reasons for creating this minor. First, other universities in the state of Kansas offer a coaching minor. Washburn's Kinesiology department has the capacity to create a very competitive minor in this area of study. Second, there is a high demand for this area of study. Upon surveying Kinesiology students over a two-year period, there was more expressed interest in coaching than any other profession within the discipline. Third, there is currently a Concentration in Coaching within the B.Ed program that is outdated and contains courses that are no longer offered. Because this Concentration is outdated and only offered through the B.Ed program, only B.Ed students are able to take the coaching classes and the number of students doing so has decreased. The intent is to create a Minor in Coaching that is more appealing to KN majors and other students wishing to pursue a nationally recognized coaching certification.

Listed below are required courses for the Minor in Coaching (19 hours):

KN 240	Coaching Principles and Philosophy (2)
KN 257	Prevention and Care of Athletic Injuries (3)
KN 300	Psychology of Sport (3)
KN 308	Nutrition for Sport and Fitness (3)
KN 357	Sports Performance Training and Reconditioning (2)
KN 260 or 360	Team or individual activity techniques course (2) -KN 260 – Tech I (football, basketball, softball, soccer, speedball, lacrosse, team handball, floor hockey) (2) -KN 360 – Tech III (tennis, golf, archery, badminton, pickle ball, bowling, volleyball, table tennis) (2)

KN coaching courses (4 credits). Choose **four** credits of coaching courses such as:

- 1) KN 253 - Fundamentals of Football Coaching (2)
- 2) KN 302 - Advanced Basketball Coaching Techniques (2)
- 3) KN 304 – Coaching Baseball and Softball (2)
- 4) KN 305 – Coaching Tennis and Volleyball (2)

Plus CPR / AED Certification at time of graduation.

- Minor in Coaching is aligned with NASPE coaching standards and prepares students for the national ASEP coaching certification exam.
- Information from coaching minor coursework prepares students for ASEP coaching certification exam.